



### Building a Strong Support Network

We believe in the value of community supports that offer individuals assistance and hope in achieving their goals. To that end, Targeted Case Management (TCM) services are directed toward access and linkage to the services and resources needed to live independently and experience high quality of life. Targeted Case Managers provide advocacy in service coordination, speaking on behalf of our clients when necessary to ensure that the services arranged are in the best interest of each individual's needs.

Assist individuals in gaining access to needed medical, social, educational and other services.  
Optimize the functioning of recipients who have complex needs.

Provide quality treatment and support services in the most efficient and effective manner.

Individualize each client needs, goals, abilities and services.

### Service Coordination Might Involve Collaboration With The Following:

- Behavior Analysis
- Mental Health Counseling
- Psychosocial Rehabilitation
- Psychiatric Services
- Primary Care Physicians and Medical Specialists
- Crisis Services
- Social Security Administration
- Legal Services
- Office of Vocational Rehabilitation
- Educational and Vocational Centers
- And others

### How Can We Help?

Behavioral Work Targeted Case Managers link our clients with available services needed to maintain good mental and physical health. Our Targeted Case Managers are ready to assist in the following areas:

- **Housing** – helping our clients find safe, affordable housing by linking them with HUD and other subsidy programs as well as private landlords.
- **Education and Work** – working with educational and vocational supports to develop plans focused on an individual's potential and success.
- **Daily Living** – assessing levels of independence and a family's ability to provide basic needs such as proper nutrition and clothing; then organizing and implementing a process to fill in any existing gaps.
- **Income and Benefits** – assessing one's income and health insurance, including entitlements; advocating in the best interest of the consumer and family for support and community resources.
- **Physical Health Care** – connecting individuals with primary care physicians and specialists as needed to address integrated physical and emotional wellness.



### Who is Eligible for Our Services?

Adults and/or Children with the following:

- Diagnosis of a serious mental illness, such as Autism, schizophrenia or bipolar disorder, ADHD, ODD, Depression, ADD and others.
- Significant difficulty independently managing responsibilities at home, at work or in the community.
- Recent psychiatric hospitalizations or frequent contacts with Crisis Services.
- Children Under 21 with Autism Spectrum Disorder

### What Is Autism or Autism Spectrum Disorder?

*The following information is not meant to diagnose or treat and should not take the place of personal consultation, as appropriate, with a qualified healthcare professional.*

Autism, or autism spectrum disorder, refers to a range of conditions characterized by challenges with social skills, repetitive behaviors, speech and nonverbal communication, as well as by unique strengths and differences. We now know that there is not one autism but many types, caused by different combinations of genetic and environmental influences.

The term "spectrum" reflects the wide variation in challenges and strengths possessed by each person with autism.

Autism's most-obvious signs tend to appear between 2 and 3 years of age. In some cases, it can be diagnosed as early as 18 months. Some developmental delays associated with autism can be identified and addressed even earlier. Autism Speaks urges parents with concerns to seek evaluation without delay, as early intervention can improve outcomes.

### Some Facts About Autism

- The Centers for Disease Control and Prevention (CDC) estimates autism's prevalence as 1 in 68 children in the United States. This includes 1 in 42 boys and 1 in 189 girls.
- An estimated 50,000 teens with autism become adults – and lose school-based autism services – each year.
- Around one third of people with autism remain nonverbal.
- Around one third of people with autism have an intellectual disability.
- Certain medical and mental health issues frequently accompany autism. They include gastrointestinal (GI) disorders, seizures, sleep disturbances, attention deficit and hyperactivity disorder (ADHD), anxiety and phobias.

### What Is Behavior Analysis?

Behavior analysis is rooted in the behaviorist tradition and utilizes learning principles to bring about behavior change. Some branches of psychology strive to understand underlying cognitions, but behavioral psychology is not concerned with mentalistic causes of behavior and instead focuses on the behavior itself.

Behavior analysis has robust practical applications in mental health treatment and organizational psychology, particularly when focused on helping children and adults learn new behaviors or reduce problem behaviors.

**We Can Help**  
**(407) 329-3464**